



## 2024 Pit Collegiate Throwdown

### WHAT:

The Pit Collegiate Throwdown is a CrossFit® competition designed to give 18- to 22-year-old athletes an exclusive opportunity to test their skill, strength and stamina against their peers. The PCT will run concurrently with the Pit Teen Throwdown (90 athletes ages 14-17) and adjacent to the 2024 Teenage CrossFit Games®.

### WHEN/WHERE:

**Online Qualifiers: Sunday, June 9-Sunday, June 30**

**In-person Competition: Aug. 27-30, 2024**

- Athlete registration Tuesday, Aug. 27
- Full day of CrossFit® competition Wednesday, Aug. 28 at [Wings Event Center](#)
- Full day of CrossFit® CrossFit® competition Thursday, Aug. 29 at Wings
- Finale event Friday, Aug. 30 at [The Pit Fitness Ranch](#)

### WHO:

**60 total athletes ages 18-22**

- 30 men
- 30 women

### HOW:

**Requirements to compete:**

- Participation in the 2024 CrossFit Open
- Ages 18-22: birthdays 9/2/2001 to 7/14/2006\*
- Compete [OLQs](#) June 9-June 30

- Accept invitation and pay registration (\$295)

*\*Athletes do not have to be college students. The goal is to reach the 18-22 age group.*

## Pit Collegiate Throwdown Online qualifiers:

[Register on StreamFit here.](#)

**STREAMFIT**

**Cost:** \$60

### June 9-June 30, 2024

- Week 1: June 9-15
- Week 2: June 16-22
- Week 3: June 23-30
- Athletes will be given six workouts to complete from June 9 to June 30.
- Athletes must enter two scores per week. Submissions will be due:
  - June 16 (1-2)
  - June 23 (3-4)
  - June 30 (5-6)
- During the score review process, Pit Crew may ask for videos for 2-3 workouts. Athletes should have reliable videos for the scores they submit and be prepared to submit them **IF ASKED**.
- Invitations for qualifying athletes will be sent **by July 15**, and The Pit will backfill based on the OLQ leaderboard until the field is full. The field will be set by July 28.

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### More about the Pit Collegiate Throwdown

- The PCT will run concurrently with the Pit Teen Throwdown, which features 90 athletes ages 14-17. A total of 150 athletes will compete Wednesday through Friday in the PCT/PTT.
- 120 Teenage CrossFit Games® athletes will be registering for their championship event at Wings Stadium on Thursday afternoon at the end of that day's PTT/PCT events.
- Pit Day Friday, Aug. 30 will feature:
  - PTT/PCT final event and podium/prizes
  - Teenage CrossFit Games® Opening Ceremonies
  - Pit Community Ruck
- Every PCT athlete will have a credential to spectate at the 2024 Teenage CrossFit Games Aug. 31-Sept. 1 back at Wings. (This credential may not be transferred to anyone else and is PCT/PTT athlete specific.) Note this is a spectator ticket and does not include access in Teenage CrossFit Games athlete-only areas Saturday and Sunday. Security will be tightly enforced.

- Every PCT athlete will receive an entry into the Pit Community Ruck Friday, Aug. 30. (This entry may not be transferred to anyone else and is PCT/PTT athlete specific.)
- The PTT/PCT are complementary to the Teenage CrossFit Games and may feature different partners and experiences.
- For more information, visit our [events web site](#) or message [info@pitfitnessranch.com](mailto:info@pitfitnessranch.com).